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**Proposal Title:** Replace the 1500 Meters with the Mile

**Proposal:** To replace the 1500 meters in Outdoor Track & Field with the Mile for the NCAA Outdoor Track & Field Championship Preliminary and Final Rounds. Amend Rule 4, Section 4 of the NCAA Cross Country & Track & Field Rules 2015 and 2016 as follows:

STATE THE ISSUE YOU WANT TO ADDRESS

## **RULE**:

## **SECTION 4. The Competition**

## **Events**

ARTICLE 1 as follows: Track and Field championship events shall be as follows:

a. Indoor

60 Meter Distance Medley Relay (1200, 400. 800, 1600)

60 Meter Hurdles High Jump 200 Meters Pole Vault 400 Meters Long Jump 800 Meters Triple Jump Mile **Shot Put** Weight Throw 3000 Meters 5000 Meters Pentathlon 4x400 Meter Relay Heptathlon

THEN LIST THE RULE
YOU WOULD LIKE TO
CHANGE, INDICATING
WHERE THE
CHANGES SHOULD BE
MADE. STRIKE
THROUGHS SHOULD
BE USED FOR TEXT
TO BE ELIMINATED
AND UNDERLINE
TEXT TO BE ADDED.

b. Outdoor

10,000 Meters

100 Meters 100/110 Meter Hurdles Shot Put 400 Meter Hurdles **Discus Throw** 200 Meters 400 Meters 4x100 Meter Relay Hammer Throw 800 Meters 4x400 Meter Relay Javelin Throw Decathlon 1500 Meters Mile High Jump 3000 Meter Steeplechase Pole Vault Heptathlon 5000 Meters Long Jump

Triple Jump

BE SURE TO INCLUDE THE DATE YOU WOULD LIKE TO SEE YOUR PROPOSAL TAKE EFFECT.

Effective Date: Immediately

Rationale: Track & Field has experienced a decline in interest with major TV markets, which has and will continue to effect interest from potential athletes, spectators, and athletic administration. The way athletic administration determines the value of this sport, beyond just the cost effectiveness it brings to an institution, is ultimately the motivation for this proposal. Interest in Track & Field is and has been on the decline for the last 30 years.

PROVIDE A CLEAR
AND COMPLETE
REASON FOR YOUR
PROPOSAL. WHY IS
THIS CHANGE
NEEDED?

Bringing the Mile back to Outdoor Track & Field would be one step toward changing this decline of coverage, interest, and support. All sports try to relate to their audience and/or modify the rules of the game to keep interest in that particular sport. Everyone has run a mile, for time, at some point in their life. To allow the audience to experience our top collegiate men and women running that same mile will not only increase interest in the sport, but it will also inspire the next generating of athletes, audience, and TV marketers. In addition, the IAAF agrees with the need to run the mile. They now allow qualifying into the World Championships using the mile.

**Supporting Documents:** 

Attach a word document or PDF that contains any supporting documentation. If replacing a section of the form with an attachment, please clearly mark the section in your document.